



## Emergency Plan

Capstone  
1123 1<sup>st</sup> Ave E Suite 200  
Newton IA 50208  
(641) 792-4012

Capstone  
200 4<sup>th</sup> Ave W  
Grinnell IA 50112  
(641) 260-8270

Center Associates  
9 North 4<sup>th</sup> Ave  
Marshalltown IA 50158  
(641) 752-1585

Integrated Treatment  
303 S 2<sup>nd</sup> Ave W  
Newton IA 50208  
(641) 792-0045

Pine Rest  
2611 Washington  
St Pella IA 50219  
(641) 628-9599

Mahaska HP  
1229 C Ave East  
Oskaloosa IA 52577  
(641) 672-3100

Optimae  
1422 1<sup>st</sup> Ave E  
Newton IA 50208  
(641) 787-9133

Eyerly Ball  
1301 Center St  
Des Moines IA  
(515) 243-5181

### Nearest Emergency Room(s)

Skiff Medical Center  
204 N 4<sup>th</sup> Ave E  
Newton IA 50208  
(641) 792-1273

GRMC  
210 4<sup>th</sup> Ave  
Grinnell IA 50112  
(641) 236-7511

Knoxville Hospital  
1002 Lincoln St  
Knoxville IA 50138  
(641) 842-2151

Mary Greely  
1111 Duff Ave  
Ames IA 5001  
(515) 239-2011

Lutheran Hospital  
700 E University Ave  
Des Moines IA 50316  
(515) 263-5612

Pella Community Hospital  
404 Jefferson St  
Pella IA 50219  
(641) 628-3150

Oskaloosa Hospital  
1229 C Ave E  
Oskaloosa IA 52577  
(641) 672-3100

U of I Hospital  
200 Hawkins Dr  
Iowa City IA 52242  
(319) 356-1616

### Call 911

**Call the National Suicide Prevention Hotline at 1-800-273-TALK (8255)**

### Utilize appropriate community resources

DHS Jasper County (641) 792-1955

House of Mercy (641) 792-0717

Salvation Army (641) 792-6131

Domestic Abuse Hotline 1-800-942-0333

Legal Aid 1-800-532-1275

Foundation 2 Crisis Line 1-800-332-4224

Red Cross 515-243-7681

Integrated Health Homes (641) 792-4012

Mid Iowa Community Action (MICA) (641) 752-7162

United Way Iowa Dial 211 (**211 can provide you with a list of many resources for food, shelter, and other social services**)

Other Supports \_\_\_\_\_